

The Raleigh Jaycees & Cary Jaycees Present Annual Leadership Conference

featuring

Jeff Davidson, Work-Life Balance Expert ®

"Managing Communication and Information Overload"



Come hear nationally dynamic speaker, Jeff Davidson, as he presents a must-attend event for individuals looking to find work-life balance solutions. Jeff will present on, "*Managing Communication and Information Overload*" to teach others how to win with information and not be deluged by it, and how to manage interruptions without being overwhelmed by them.

About Jeff

Jeff, the Work-Life Balance Expert ®, is the author of 59 books and a national in-demand professional speaker. Jeff is among the most productive individuals you could meet. He walks the talk and makes sure he has *Breathing Space* every day. Jeff has inspired thousands with his humorous, energetic, riveting presentations, and extraordinary breadth of knowledge.