

ISNA TRAINING & AWARDS LUNCHEON 2012

PRIMO ~ Banquet & Conference Center

Friday, May 4th

Focus On Directors PLUS Industry Interaction

7:45-8:15 a.m. **Registration**

8:15-8:30 a.m. **Introduction and Welcome**

8:30-9:30 a.m. **Managing the Pace with Grace**

Jeff Davidson

www.breathingspace.com

Author!

Leader on
work-life
balance
issues!

Keynote
Speaker!

Is today's typical working American overworked, underworked, energetic or lazy? The best answer is "none of the above." There are larger, more basic, converging issues. We can handle longer hours; it's endless interruptions on top of everything else competing for our attention that leaves us feeling overwhelmed. You can, however, maintain the pace with grace — even under pressure! This program is action-packed. Jeff lays out Breathing Space strategies and techniques for effectiveness that anyone can quickly master.