



Fee:
\$12,000 - \$15,000

Jeff Davidson, MBA, CMC

The Work-Life Balance Expert® for our time-pressed workforce and author of "Breathing Space" and the "60 Second Self-Starter."

Expertise

Life Balance
Time
Management/Self-
Management
Peak Performance
Motivation
Change
Best-selling author

Travels From

North Carolina, United States



Your Longevity
and Your
Breathing
Space

Besieged by
Hounds



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Achieving work-life balance, especially during a tough economy, has become the defining challenge of our era. Jeff Davidson is the **Work-Life Balance Expert®** and a leading authority on managing information overload, time and stress management, and systems for accomplishment. As a conference and convention speaker, he offers dynamic learning keynotes as well as seminar presentations, combining outstanding content with humor, flair, and inspiration, leaving his audiences supercharged and ready for action. Frequently featured in *USA Today*, the *Washington Post*, and *Los Angeles*