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Jeff Davidson Work-Life Balance Expert

Jeff Davidson is the "Work-life Balance Expert" for our time-pressed work force and a leading authority on managing information overload, time and stress management, and systems for accomplishment. As a conference and convention speaker, he offers dynamic learning keynotes and seminar presentations, combining outstanding content with humor, flair, and inspiration, leaving his audiences supercharged and ready for action.

Frequently featured in USA Today, the Washington Post, and Los Angeles Times; quoted in the New York Times, Christian Science Monitor, and Wall Street Journal's Career Employment Weekly; and appearing on 175 television and radio talk shows including CNBC, CBS Nightwatch with Charlie Rose, and America in the Morning with Jim Bohannon, Jeff has reached a worldwide audience that has found his 36 books and more than 3,550 articles to be enlightening, entertaining, and life-changing.

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His recent books, *The 60-Second Organizer*, and *The 60-Second Procrastinator* (Adams Media) are short, fun-filled, and power-packed, each with 60 tips to get you back in control no matter how long it's been!