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Jeff Davidson, MBA, CMC

The Work-Life Balance Expert® for our time-pressed workforce and author of "Breathing Space" and the "60 Second Self-Starter."

About Jeff Davidson, MBA, CMC:



Achieving work-life balance, especially during a tough economy, has become the defining challenge of our era. Jeff Davidson is the **Work-Life Balance Expert®** and a leading authority on managing information overload, time and stress management, and systems for accomplishment. As a conference and convention speaker, he offers dynamic learning keynotes as well as seminar presentations, combining outstanding content with humor, flair, and inspiration, leaving his audiences supercharged and ready for action. Frequently featured in *USA Today*, the *Washington Post*, and *Los Angeles Times*; quoted in the *New York Times*, *Christian Science Monitor*, and *Wall Street Journal's* Career Employment Weekly; and appearing on 175 television and radio talk shows including CNBC, *CBS Nightwatch with Charlie Rose*, and *America in the Morning*. Jeff has reached a worldwide audience that has found his 38 books and more than 3,575 articles to be enlightening, entertaining, and life-changing. 17 reasons to book Jeff. www.breathingspace.com/17reasons

Travels from:

NC,US

Main Topics:

Life Balance, Time Management/Self-Management, Peak Performance, Motivation, Change, Best-selling author

Specialties:

Associations, Corporate

Fee(s):

\$12,000 - \$15,000

Multimedia Samples:

VIDEO

- Your Longevity and Your Breathing Space
- Besieged by Hounds
- Buried in Paper
- Jeff's 19 Minute, 6-part Video Demo
- 3rd Hour of Half-Day