

Speakers on Healthcare

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Speaker Information



Jeff Davidson

Exclusive Representation

Specializes in helping people manage information & communication overload
Offers new approaches to overcoming life's daily pressures
Author of *The Joy of Simple Living*, the definitive work on simpler living

Keynote Fee : \$12,000 plus expenses

Travels From: NC

Topics

- Communications
- Performance Improvement
- Time Management
- Personal Change
- Life Balance
- Stress

Formats

- Keynote
- Half Day
- Full Day

Programs

Are You Overworked or Just Overwhelmed?

Most people can handle longer hours; it's everything else competing for your attention that leaves you feeling overwhelmed. Once you're overwhelmed, a feeling of being overworked can quickly follow. This program offers space, time, and stress management techniques that most people have never considered and innovative methods for daily effectiveness that anyone can master.

How to Create More Space and Time in Your Life

How would you like to have more time for friends or hobbies, or to get away for more weekend trips? Merely living today and participating in society guarantee that both your time and mental, physical, and emotional energy will easily be depleted if you lack the proper vantage point from which to approach each day and conduct your life. Learn the principles for creating the space and time you want to have, and add back the fun!

Choosing When It's Confusing: How to Make Decisions More Effectively

Today, for whatever you want or need to acquire, there are more brands, features, and options than you can comfortably fathom. And tomorrow there will be more options competing for your attention. Yet you can make decisions