



Tuesday, March 23, 1999

Jeff Davidson, MBA, CMC Breathing Space Institute 2417 Honeysuckle Road, #2A Chapel Hill NC 27514-6819

Dear Jeff

I just wanted to drop you a line and give you some feedback from your presentation at the IAAP conference in San Antonio, TX on Tuesday, March 16, 1999.

I thought your presentation was great. You made all the difference at the conference. You are very motivational. I've heard a lot of speakers and the material you covered was "real life" stuff. I can actually apply some of your suggestions in both my professional and personal life. Sometimes you hear a speaker and some of their suggestions are not realistic in everyday life. Yours were.

I'm currently an assistant to the CEO of a company, I'm going through a divorce, and I have two daughters ages 6 and 8. My life is very busy. At the same time, I'm going through a lot of life style changes – going from being a "wife" to a "single mother". It's a hard adjustment. So much of what you said has inspired me to change some things – to put more meaning in my life – as it is now. Not what it was.

Thanks again for your speech. I look forward to your cassette recording. Another book/cassette I need to look for is your "Get a Life" book. I was actually told by our marriage counselor that I needed to get a life. I was doing everything for my husband and children – and not for myself. Hopefully your book will help me here...

Thanks again. Keep up the good work. I'm sure you have touched many others throughout your travels.

Sincerely

Lori A Cornell