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Mansfield, January 29, 2003

Jeff Davidson BREATHING SPACE INSTITUTE 2417 Honeysuckle Road, #2A Chapel Hill NC 27514-6819

Dear Jeff,

I would like to thank you for the time you brought us in TX last week. I really enjoyed your session since you reminded me that we should avoid as many times as possible to be taken by the wave of the world. We must enjoy our life based on a more natural basis. Not too many TV sets at home, not too many magazines to read, not too many hectic places to work with...

Now, every time I open my mailbox at home I recall your session. And as a matter of fact I have already cancelled a couple of magazine subscriptions and unsubscribe from MANY free Internet updates.

Un saludo cordial,

Juan Pico

Vanguard Managed Solutions