

December 6, 2002

To: Jeff Davidson

Breathing Space Institute

From: Colleen M. O'Neill

CPMC GI Lab

3700 California Street

San Francisco, California 94115

Min m Mall

Dear Mr. Davidson,

I enjoyed your recent presentation at California Pacific Medical Center's Leadership Development course. I was very interested in the concept of giving yourself completion for small tasks. This enables you to be mentally ready sooner for the next undertaking.

Thank you,

Colleen M. O'Neill